

## Health Care Ministry Goal:

to Educate and  
Encourage Healthy  
Living Habits for all  
Parishioners



Cardio-pulmonary  
Resuscitation  
(CPR) Training,  
which includes  
training in the use  
of the Automatic  
External  
Defibrillator  
(AED), is  
offered in the  
spring and fall.



## Did You Know?

Parish Health Ministry  
provides a healthy mid-  
week Lenten Meal.

An Automatic External  
Defibrillator (AED) is lo-  
cated on the wall in the  
office hallway.

Weight Watcher ses-  
sions are available every  
day of the week for your  
convenience. Sessions  
are held at 6670 Ridge  
Rd., Parma. For more  
info, call 800/651-6000.

**Health Care Ministry**

Divinity Lutheran Church  
11877 Blossom Ave.  
Parma Heights, OH 44130

Phone: 440-845-2060  
Web: [www.divinitylutheran.com](http://www.divinitylutheran.com)  
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**Health Care Ministry**



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Ministry**

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Parma Hts., OH 44130

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# ► Mission Statement

The mission of the Parish Health Ministry at Divinity Lutheran Church is to positively impact the lives of individuals in our congregation by supporting activities that promote the health of body, mind, and spirit.



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## Invitation to Participate

All healthcare professionals are encouraged to meet with us on the fourth Monday of the month at 7 pm at the church. Your help is needed in this important ministry!

## Health Care Ministry Activities

Health Education articles are published each month in the DIGEST.

Corresponding "back door" readings are posted in the restrooms. A bulletin board is displayed in the narthex.

**FREE Blood Pressure Screenings** are offered the second Sunday of each month.



**Follow-up Phone Calls** are made to those who have been recently discharged from the hospital.



## First Aid

**Kits** are located in the Ushers' Room, the Main Kitchen, and the office.

## Home-cooked Meals

are offered to Divinity Family members who need them. Please don't hesitate to ask!



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